



Platte County Memorial  
Nursing Home

P.O. Box 1148  
Wheatland, WY 82201



# April 2014

## FOLK TALES

RHD President, Ron Ross names Shane Filipi, Administrator of the Year



Congratulations to our Administrator, Shane Filipi for being named Administrator of the Year. Shane came to this facility in November of 2011. His hard work and dedication has resulted in Platte County Memorial Nursing Home being rated a 5 Star Facility.

### Resident of the Month Daisy Hughes



Daisy Hughes was born east of Glendo in 1923. Daisy came from a family of nine. Her mother died before Daisy reached seven years of age. Her father had a bad heart and so it was up to her older brother to support the family. She said "We lived 30 miles from nowhere" and worked hard on the ranch. She attended school through the tenth grade and then quit. Daisy did not own a dress or any girls clothing and was embarrassed. All she had to wear her brother's hand me downs. After leaving school she worked as a babysitter. She took care of three girls during the summer. She was supposed to be paid \$3.00 a week, but was never paid. When she was seventeen she met her future husband. They were first friends and then married in 1941. The couple had 8 children. Their first three children contracted polio. Two of her sons died, one was left crippled by the disease. Daisy and her husband were married 37 years when he died. He was a Veterinarian and was injured on the job. She took him to the hospital. He passed a blood clot and died. Daisy enjoys helping anyway she can. She likes puzzles and music. She has a special friend, Glen that she likes to sit and visit with.

### Platte County Hospital District Board of Directors

Chuck Frederick, Chairman

Rick Bowen, Chair

Jerry Orr, Secretary

Lori Modesitt, Treasurer

Bruce Hellbaum

Britt Wilson

Alden Prosser

Candy Wright,  
District Coordinator

### Platte County Hospital/NH Foundation Board of Directors

Keith Geis, Chairman

Jim Bohl, Vice-Chairman

Kathy Jones, Sec/Treas

Lori Modesitt

Sandy Meier

### E-Newsletter

Would you like an electronic version  
of this newsletter? Send your  
E-mail address to:

theresa.reddicks@pcmnh.com

*Folk Tales* is a monthly publication of

Platte County Memorial Nursing Home  
204 15th Street  
Wheatland, WY 82201

Newsletter Editors: Theresa Reddicks

PCMNH Management Team  
307-322-6406  
E-mail: info@pcmnh.com  
Website: www.pcmnh.com

Administrator: Shane Filipi x2264  
Director of Nurses: Chris Kennedy, x2236  
Activities: Theresa Reddicks, x2271  
Business Office: Linda Conrad x2265  
Environmental Services: Dean Hensel  
Social Services: Josie Goertz x2273  
Infection Control: Holly Montgomery, x2478  
MDS Coordinator: Cissy Gudahl x2471  
Medical Director: Lauri Palmer, MD

*PCMNH does not discriminate against any person on  
the basis of race, color, national origin, disability, or  
age in admission, treatment, or participation in its pro-  
grams, services & activities, or in employment.*

Thelma and Ralph Foster sample the cake and ice cream at  
the monthly Birthday Party.





## April Residents' Birthdays

**Ralph Brockman 4/6**  
**Arnold Coffield 4/7**  
**Irene Spier 4/27**

## Care Plan Schedule

<b>April 3rd</b> 10:00 Henry Yeadon 10:20 Arnold Coffield 10:40 Doris Small 11:00 Helen Hornbaker 11:20 Ralph Foster 11:40 Josephine Johnston	<b>April 10th</b> 10:00 Ralph Foster 10:20 Josephine Johnson 10:40 Clara Lou Johnson
<b>April 17th</b> 10:00 Beverly Christiansen 10:20 Caroll Contryman 10:40 Daisy Hughes 11:00 Gladys Yount 11:20 Dosri Small 11:40 Betty Lou Johnston 1:00 Henry Yeadon	<b>April 24th</b> 10:00 Earl Hall 10:20 John Kriebel 10:40 Donna Pensis 11:00 Betty Lou Johnson 11:20 Josephine Johnston 11:40 Robert Bradley

**May 1**  
 10:00 Norma Gould  
 10:20 Ruth Mittan

## Family Council Meeting

*The next Family Council meeting will be on Wednesday, April 16th at 5:30pm in the Activity Room*

## In loving Memory of the residents and employees that passed away in March

John Braunschweig  
 Victor Kinnel  
 Cindy Johnke, Housekeeping



## \*\*PLEASE\*\*

**Help to keep our residents healthy**

Remember the **number 1** defense against the flu and infection is **hand washing.**

Avoid close contact with others when you have a cold or the flu to reduce the possibility of infecting them. A cold is most contagious when your symptoms are at their worst. This is the time to stay home from work or school, if possible. With the flu, avoid close contact and stay home until at least 24 hours after your fever breaks. Continue to practice good hygiene even after you start feeling better because you remain contagious for several more days.

Holly Montgomery  
 Infection Prevention Nurse



Spring is here! It is time to help the residents prepare for spring and summer. Due to limited space within each resident's room and the necessary requirement for fire and safety, infection control and housecleaning, we ask each resident to limit their personal items as outlined below.

**The following is NOT allowed unless approved by the Resident Care Director:**

- Empty boxes or suitcases
- Perishable foods more than 2 days old
- Plants that have plant bugs
- Any item that could endanger self or others their safety such as, scissors, knives, screwdrivers, or other sharp instruments unless approved by maintenance or RCD
- Heating pads/blankets, extension cords, mattress pads or appliances.
- Throw rugs
- More than six medium sized stuffed animals are not allowed.

Rotate the seasonal clothing in closets and drawers. Please remove the winter clothes and replace them with spring and summer attire. Remember when bringing in clothing to update the inventory sheet that is on each residents closet door. Be sure to mark the residents clothing clearly with a laundry marker.

If you have any questions or need help contact Josie Goertz, Social Services.



Roy Oscar enjoys a family visit.  
 Roy holds his dog, Baby, a frequent visitor to the nursing home



## Easter Humor



- How do you paint a rabbit?  
**WITH HARE SPRAY**
- What do you get when you cross a bunny with a leek? **BUNION**
- Where do rabbits go when they get married?  
**ON THEIR BUNNYMOON**
- Why is a bunny the luckiest animal in the world? **IT HAS FOUR RABBIT FEET.**
- Where does a bunny go when its coat needs grooming? **TO THE HARE DRESSER**
- What do you get when you pour hot water down a rabbit hole? **HOT CROSS BUNNY**
- What did the rabbits say when the farmer caught them in the garden? **LETTUCE ALONE**
- What is the difference between a crazy bunny and a counterfeit banknote? **ONE IS BAD MONEY, AND THE OTHER IS A MAD BUNNY.**



# April 2014

## Employee of the Month Holly Montgomery



Holly was born on December 23rd in Torrington, WY. She has a twin brother and five other siblings. Holly was raised in Guernsey, graduating from Guernsey HS. She attended college in Rapid City. She married her high school sweetheart, Mike. The couple had two children. Holly and Mike lived in Colorado before moving to Iowa where they lived for fifteen years. Holly returned to school at the age of 39 to pursue her Nursing Degree. While attending school she worked as a C.N.A. Her daughter attended nursing school at the same time. She was one year behind Holly in school. Her favorite pass times are motorcycle riding, needlework, camping and travel. Spending time with her grandchildren is her top priority. Holly has been employed at Platte County Memorial Nursing Home for eight years. She is our Infection Control Nurse, Wound Care Nurse and is the Assistant Director of Nursing. Holly is always ready to step in and help out wherever she is needed.



A special welcome to  
Penny Simonton RN.

## National Volunteer Week April 6-13

The Volunteer Appreciation Social will be held in the Activity Department on Wednesday 4/16 at 3pm

## Thank You For Your Precious Gift (For Volunteers at a Long Term Care Facility)

In our world where we come and go,  
At a lightning pace and cannot go slow;  
Time is such a rare commodity,  
And care can seem like such an oddity!

The simple act of a loving touch,  
And words of care can do so much;  
To ease the soul of those who need;  
A listening ear or a hand to feed.

While some minds may seem to wander so;  
Though they do not have too far to go;  
Every one of our residents say;  
They love the folks who make their day:

Just a little bight lighter,  
And a little bit brighter;  
Blessed with hope and joy to live;  
Thanks to the love a volunteer gives.

There is nothing on this Earth to compare,  
To the selfless gift of time and care,  
That volunteers give to all folk here,  
Day after day, and year after year!

Original poem by Daria Skibington-Roffel for Volunteer Week on April 6, 2011

## Employee Birthdays

Sheri Kaufman 4/8  
Patricia Perez 4/20  
Maria Grange 4/27



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1 April Fools Day</b> <b>Resident Council 10am</b>  Piano Music 10am Horse Races 2pm Mind Teasers 4pm Activity Time	2 Manicures 9:30am Bible Study 11am Bingo 2pm Computer Games 4pm <b>The Meaning of Flowers 5pm</b> 	3 Times to Remember 10am Joints in Motion 2pm Visit with Dakota 4:15pm	4 Exercise Games in Activities 9:30am  Book Club 10:15  Bingo 2pm	5  <b>Music with Pat 10am</b>  Movie 2pm
6 Church Service 2pm Jason Lacoutton  Book Club 3pm Activity Times <b>Ralph Brockman</b>	7 Bowling 10am  Joints in Motion 2pm Hangman 3pm  <b>Arnold Coffield</b>	8 Piano Music 10am <b>Spring Cleaning</b>  Computer Games 3pm  <b>Dance 6:30pm</b>	9 Manicures 9:30am Bible Study 11am <b>Off to the Races 2pm</b>   Joints in Motion 4:30pm	10 Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Visit with Dakota 4:15pm	11 Wild Bunch Breakfast 8am Exercise Games 10am <b>Spelling Bee 11am</b>  Bingo 2pm	12  Crafts 9:30am  Music with Carmen 11am
13 Church Service 2pm Adam Lovett  Book Club 3pm Activity Times	14 Baking 10am <b>Tea Party 2pm</b>   Mind Teasers 4:30pm	15 Piano Music 10am <b>Indoor Gardeners 1pm</b>   Joints in Motion 4:30pm Activity Time 5pm	16 Manicures 9:30am Bible Study 11am Bingo 2pm  <b>Volunteer Social 3pm</b>	17 Times to Remember 10am Music with Nita 11am <b>Color Easter Eggs 2pm</b>  <b>Visit with Dakota 4:15pm</b>	18   <b>Good Friday</b>	19  Book Club 9 am  Movie 2pm
20 <b>EASTER</b>   Church Service 2pm Dale Smith	21 <b>Music with Pat 10am</b> Times to Remember 1pm Bowling 3pm 	22 Piano Music 10am  Joints in Motion & Trivia 2pm	23 Manicures 9:30am Bible Study 11am  <b>Birthday Party 3pm</b>	24 Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Visit with Dakota 4:15pm	25 Breakfast Group 8am Exercise Games 9:30am Book Club 10:45am Bingo 2pm	26 Violin Music with Carmen 11am  Movie 2pm
27 Church Service 2pm Josh Bruns  Book Club 2pm Activity Time <b>Irene Spier</b>	28 Bowling 10am  Yahtzee 2pm  Joints in Motion 4pm	29 Piano Music 10am  Mind Teasers 2pm Joints in Motion 4:30pm Activity Time	30 Manicures 9:30am Bible Study 11am Bingo 2pm Joints in Motion 4:30pm Activity Time			